

Want to become a Citizen Scientist – contributing to better health?

Invitation to participate in a new, Norwegian clinical study
(Children and adolescents 6-17 years of age)

Bio-Me is a collaborating partner in a clinical study at Akershus University Hospital, to analyze and determine some basic properties of the gut bacterial flora of children and adolescents age 6-17 related to Inflammatory Bowel Disease (Crohn's disease, Ulcerous colitis). For a successful clinical trial, we are looking for healthy control subjects in the age of 6 through 17 years of age.

We would therefore invite you to ask your children if they would be willing to participate in this study:

Criteria for participating:

- General of good health (no major diseases, such as diabetes, autoimmune diseases, severe allergic diseases or gastrointestinal diseases like Inflammatory Bowel Disease (IBD), Irritable Bowel Syndrome (IBS))
- No use of medication for gastric acid regurgitation, also called proton pump-inhibitor drugs
- Fairly normal weight
- Normal fecal calprotectin test (will be provided free of charge)
- Normal dietary habits. Participants cannot be on milk free diets, gluten free diets, vegan diets or other special diets

Please indicate your interest by following this link: <https://s.surveyanplace.com/tarmflora>

What will happen:

- The subject's parent/carer will need to sign an informed consent form
- The subject will provide 3 fecal samples within one week, plus a fecal calprotectin test (all equipment and instructions will be provided, samples returned by pre-paid regular mail)

Benefits:

- Participants with an abnormal Calprotectin test will be followed up by a pediatric gastroenterologist
- 2 lottery tickets (skrapelodd)
- You are contributing to science and better health for others!

THANK YOU FOR VOLUNTEERING!